

Messages from MH370

In the midst of the turmoil surrounding the disappearance of MH370 I found myself being drawn to the island of Mauritius where I spent 7 days connecting with each soul that had been on the aeroplane.

As an Anamchara, (soul friend) I am often 'called' by an individual soul, never before had I been involved with so many lost souls at one time.

So whilst the rest of the world were glued to their computers and TVs in the hope of a physical recovery, I focussed on each soul, one at a time to enable them all to move on in peace.

For regardless of religion, colour or creed, souls can be supported with the same universal peace process which I am honoured to be able to undertake at such times.

During each ten minute session of clearing and harmonising the energies of each soul, occasionally words will come to mind – if they do I write them down and yet up until now I have not published any such writings.

Now it feels right to share the words that came through during those turbulent times – as you can see the words were mostly rhymes. That is how soul speaks to me, as a collective or individually.

Many of the souls moved on silently, all of the souls moved on peacefully. It was an honour and a privilege to be of service to each one of them.

An Wenlan

Be calm be still
You need not be ill
Look to your heart
Let wisdom impart

All you need
So you can be freed
From this tremendous woe
Forgive and let it all go

Yuan Hua Bao

Take care life is fair
You know I was meant to be there
Deep down beneath that ocean of woe
Is my love that will always flow

Wherever you are
Follow your star
Think of me
When you need to be

Reminded that life is never guaranteed
With this knowing you are freed
From whatever prison you are in
And the true joys of life can begin

Bai Xiaomo

Love of food

I'm so sorry
Please forgive me Mum and Dad
I wish I told you more how much I loved you
And a big kiss for sis

I'm ok don't fret too long
Remember me in every song
That you hear for I am there
Sharing my love
Everywhere

Bian Maogin

Love one another
That is what I say
Love one another
Every single day

Love one another
Feel their flow
Release bad feelings
Let them all go

Let my life
Remind you
There is nothing
Better you can do

Than to keep loving
More and more
That is what
Life is for

Bian Liang Jing

Appreciate
Before its too late
What is it that
Makes you feel great

Then make sure you
Follow through
What your soul is
Telling you to do

Bibynazli Mohdhassim

Do what you can
For your fellow man
Do not be swayed
By what needs to be paid

We will provide
Enjoy the ride
Of two hearts beating as one
Life is about to be fun

Brodskii Nikolai

Enjoy the butterflies
Ignore all the lies
Thank you very much
For your tender touch

I am free
Feel my energy
Im not lurking at
The bottom of the sea

Burrows Rodney

Im sorry you're feeling that way
Thats all I wanted someone to say
Regardless of what was real
It was hurting me to feel

Surely my family
Should be there for me
Offering their love and care
Unconditionally

You and I both know
That is the ideal
Yet how on earth
Can they possibly feel

Something that is not there
Their ability to care
Comes with conditions that
You rightly do not share

For you have taken the time
With the help of your rhyme
To look beyond the surface
To see beyond any crime

Allowing you to feel
What is truly real
So it's down to you alone
To keep an even keel

Remember we are here
Alone in your family
Is what we meant by that
For how can they agree

With whatever you do
If they only use
Thoughts from their own experience
They can only choose

What would be right for them
When advising you
So keeping your own counsel
Is the best thing that you can do
Burrows Mary

Just love him xxx

Cao Rui

Be kind to everyone you meet
Be kind to your thoughts as well
Your thoughts need the same respect
Listen kindly to them tell

What is going on in your mind
What do you love and fear?
Being kind to everything
Helps you all to be clear

Chan Huan Peen

Be keen of mind
Be keen of heart
Give your soul a
Chance to start

Being the provider
It is meant to be
Guiding and supporting you
For eternity

Please dont wait
To be dead like me
Before you let
Your wisdom come to be

At the forefront
Leading the way
Now is the time for
Your soul to have its say

Che Junz Hang

Three white flowers
I send to you
Smell their fragrance
Appreciate their hue

Enjoy their being
A reminder of me
And the love I have for you
Eternally

CHEN Jian

We never really dated
We just sort of mated
Not something I would recommend
Getting to know you
Finding out more about you
Becoming a close friend

That is what needs to be done
To develop a life of fun
Beyond that of physical need
Our hearts and souls need to be freed

Chen Chang Jun

Thank u amen

Again and again

Thank you to you

For seeing this through

Chen Wei

Thats it
I'm done
Off you go
Have some fun

Do not worry
About me
I am good
In eternity

Han Jing

I took it hard
I wanted to live
There was so much more
I wanted to give

Yet now I know
That I still can
Death has not ended
The love of this man

Li Zhi Xin

There to make up the numbers
That was my role
No burning ambition
In the depths of my soul

That's why it was so easy
To do a soul release
Nothing to hang on for
Already enjoying my peace

Liang Lu Yang

Go in peace

Lim Powchua

Believe in yourself and love all ways

Lin Annan

Helicopter

Be inspired stay curious

Liu Zhong Fu

Personality + Essence = Truth of you

Mao Tu Gui

Heart problem all sorted now

Delavar

Please forgive me

Good night

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Out of sync

Now ok

Enjoy everything

That's what I say

My life had been saved
On more than one occasion
But this time it was not the case
I now know this was my time
To move to a different space

Please don't mourn my
Loss too long
Remember that I'll
Always be a song

Part of that never
Ending family
Immortal love
For eternity

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May the gift of these rhymes
Help in these uncertain times
In essence what they all say
Is deep down we're all ok

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Whatever you are feeling
Feel then flow away
For none of those feelings
Are ever meant to stay

Longer than it takes you
To get what they say
So make sure conscious feeling
Is a part of every day

The End

The end was quick
No- one was sick
A pretty good way to die
As dying goes
Though I suppose
Because there was no goodbye

Many of you
Now aren't able to do
What you did before
Without thinking why
Did we have to die
And in truth we may never be sure

For there are some things
Like why a bell rings
That we can all explain
But for cases like this
An empty abyss
May forever remain

And if this is the case
To help you face
These uncertain times
We all send our love
From the heavens above
Channeled through Ruth in these rhymes