

Unseen Matters

By
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'Unseen matters'
Can be read two ways
According to your emphasis
The quality of your days

Will increase beyond
That which you ever thought
For when the unseen matters
Everything you've been taught

Will be re-examined
By your heart and mind
With a soul perspective
Enabling you to be kind

Regardless of the situation
Despite what you may think
Everything and everyone
Will be gone in a blink

So attaching to anything seen
Before you create your belief
Will become a thing of the past
And vibrational relief

Will become your first priority
Each and every day
To enable you to truly be
Before you do or say

The best that you can muster
According to your unseen
Your best foot will always be forward
Despite what may have been

Your previous way of being
Driven by ego desires
Dissolves when the unseen matters
Your soul ignites those fires

Of truth and shines more light
Into what may have been dark
Nothing will need to linger
Each day a walk in the park

More satisfying than anything
Is your unseen way
For this is where your bounty lies
Whether at work or at play

So feast your inner senses
On these pages of rhyme
Allow the gift of their vibration
To penetrate each time

You need to go within
To connect with your unseen
To gain more truth and clarity
To enjoy an energetic clean

For like anything else
In this wonderful place
You can always be refreshed
And restore that smile upon your face

When your life force is tip top
When the unseen matters shine forth
When your soul can sing out heartily
Whether you're in Boston or Borth

Ready to rock

Are you... ready to rock around the clock
Ready to twist and shout?
Now's the time to show the world
What your life's about

Are you...ready to shake off what you fear
Ready to let it go?
Now's the time to show the world
The truth of what you know

Are you... ready to love all that you know
Ready to let things be
Now's the time to show the world
Your reality

Are you...ready to die with no regrets
Ready to die in peace?
Now's the time to show the world
Death is a release

You don't have to leave this world
To know what death will mean
Those who have already died
Are here with us, unseen

Are you... ready to live and share this truth
Ready to let it be clear?
Now's the time to live our lives
With death no longer a fear

Ready to rock (ctd)

So are you ready to rock around the clock
Ready to twist and shout?
Ready to show the world out there
What you're all about?

Unseen

What does being healthy mean to you?
Is it just the physical being good as new?
Or is there more than we can see?
Is there non-physical energy?

If there is then how can we tell?
How can we keep our unseen well?
By feeling and connecting with its energy
Holistically healthy you can be

Then whatever comes to pass
You'll know the illness need never last
Even if the physical starts to wear out
The unseen you can be well without a doubt

And when the physical is no longer here
The unseen you forever will be clear
The sooner we get this we can be free
To enjoy all of who we're meant to be

I'm an Anamchara

I'm an Anamchara, what does that mean?
I bring messages from the unseen
I am a Soul friend here for you
Bringing you messages, pure and true

Whether it's a poem or whether it's a song
Whether I think you're right or wrong
I'm not here to judge or care
I am here to simply share

Unseen messages for your Soul
Helping you achieve your goal
Helping you to live your own life
Helping you overcome your strife

Whether you listen to what I say
That is up to you each day
I am the messenger that is all
What I do is connect your call

The cry for help that comes from within
Asking for some help to begin
Connecting to what's in your heart
That's the place you need to start

When you can listen to your inner voice
You will discover you have the choice
You have a Soul that's there inside
To help you as soon as you decide

I'm an Anamchara (ctd)

Connecting with your Soul each day
Helps your life in every way
You'll no longer need my connection
(Though you'll always have my affection)
You will have the strength without me
To be whoever you are here to be

In your heart of hearts

In your heart of hearts, why do you smoke?
Does it nourish you, or does it simply choke
Your energy of life, wanting to flow free
Why do you smoke, what's your reality?

It does not matter what others may say
It's up to you to determine your way
Whether you choose to smoke or not
Are you able to give life all you've got?

If you feel you that you have no choice
It's time to find your inner voice
For when you connect to the strength of your Soul
You'll be able to achieve your goal

I am here to help with that connection
Someone who will hold you in deepest affection
Not to judge or force you to be
Merely helping your energy flow free

An Anamchara, a Soul friend for you
Always there to help you through
Reminding you to have your say
To live your life in your own way

Bringing you messages of unconditional love
From the unseen world above
The world that's there to strengthen you
To help each day, your whole life through

In your heart of hearts (ctd)

Not with any specific prescription
Not with any form of restriction
Just connecting you to your Soul
That is the limit of my role

The rest of it is up to you
I may never have a clue
For when your own Soul connection is strong
You'll no longer need my poems or song

And that's the way it's meant to be
You and your Soul living free
Sharing with others what you now know
Helping others so they can grow

The 3 R's

Which 3 Rs do you want to use?
Do you want the chance to choose?
A school where you follow where others have been
Or a school where you discover the unseen?

Read, repeat and remember each day?
Or rejoice, release and reveal your own way?
The choice you make will dictate to you
The path in life that's right for you

And it's not up to me to say
Which school for you is the right way
It all depends what you want from the course
Are you looking to find your Source?

If you are then the Chiki School
Will provide you with the right tool
To understand yourself more and more
In a fast track programme that reaches your core

Unfolding who you really are
Unlocking the energy of your star
Then all your energy can flow free
And you can be who you're meant to be

This is not for the faint of heart
Chikiness is bold from the start
No feelings are spared, no subject taboo
Nowhere to hide, we bring out the You

The 3 R's (ctd)

In all its glory, for better and worse
For you to rid yourself of the curse
That stops you from being who you really are
That blocks the energy of your star

Rejoicing in life every day
Releasing anything that is not your way
Then you can start to reveal some more
Of what you want, what you want to explore

To fire those rockets of desire up high
Allowing your Source to provide the reply
That is your right by birth to achieve
All that you want, you can always receive

In a chiki way

This morning a toilet roll winked at me
Reminding me so chikily
That it's not just people who can wink
Even if they cannot think

For everything vibrates
Whether it's visible or not
And that's why we need to be connected
To our inner senses alot

For they are the ones that notice
The messages from the unseen
And pick up all the vibrations
And translate what they mean

So if you want your life to flow freely
Open up your heart and mind
Explore your inner senses
And then you'll be able to find

All the gifts that are waiting
To help you with your day
The treasures from the unseen
Delivered in a chiki way

An open heart and mind

An open heart and mind is what is there before
Any other energy has had a chance to score
Channels that are clear and channels that are pure
Are the channels you are born with, of that you can be sure

Even though it may appear that some are born with sin
The channels were not blocked to their source within
Yet during delivery, different energies abound
And these are the blockages which can be found

Lurking in the channels of those we think are bad
And yet they never had the chance and that is very sad
But it's always possible to open up once more
The channels within anyone and connect them to their core

And then regardless of how 'bad' they've been
Once they are reunited with the energy of the unseen
They can release all those blockages and pain
And become at peace with who they are again

Where it's safe to sing

Do we really have a clue
Why the sky is blue?
Do we really know
Why a river must flow?
Are we still green
About the unseen?
Is it now the time
To explore the world of rhyme?

Are we in the pink
About what we think?
Do we feel good
About all we should?
Do we still see red
When we have a head to head?
Is it time to start
To share an open heart?

With an open heart and mind
You will gain the strength to find
Joy in every colour, joy in everything
From the place within you where it's safe to sing

Worlds afar

Do I ever notice the angels here with me?
Do I ever take the time to feel their energy?
Do I ever listen to what they have to share?
The other possibilities and ways of getting there?

Do I have a fear of anything unseen?
Do I have a need to rely on what has been?
Proven by others to be the right way?
Or will I let my angels ever have their say?

Will I ever be in a place to find out?
Will I ever push my limits of fear and doubt?
Will I ever go beyond what I know?
Will I ever allow my angels to show?

The bigger picture, the joys of life
That always exist within any strife
The chance to feel more of who you are
The connection we have with worlds afar

With lots of love from Ruth

Bringing messages from the unseen
To the world each day
Allowing wisdom and truth
To flow in a chiki way

Not hindered by any fashion
Not troubled by any fear
Channels of love, reflections of life
Simple, pure and clear

On the surface I am a writer
Transferring words to a page
That continually come to me
From a timeless age

The source is still a mystery
The source may never reveal
Its identity to me
But I can always feel

The energy and the love
Which surrounds each word I receive
So no matter what others may say
I will always believe

That there are other worlds
Other beings of light
That are able to help us
Overcome any plight

With lots of love from Ruth (ctd)

For they have already experienced
What we are going through
And are kindly offering their wisdom
To help both me and you

Whether we choose to accept
Their benevolence
Is always up to us
They can't force us to dance

To a particular tune
And that's not what they're about
They simply want to support us
Through any fear and doubt

Shining a light through our darkness
Reminding us of the truth
And this is what I'm sharing with you
With lots of love from Ruth

Any day

If you want their love
It can flow to you
Regardless of their physical state
Their spirit can always come through

In response to your need
Whenever you require
Anybody's love
Simply be still and desire

And you will be able to feel
Unconditional love
Flowing from whomever you want
Via the heavens above

For in truth we are all connected
And if the one we want can't display
Any loving feelings towards us
There is always another way

For us to feel replenished
For us to restore our peace
By allowing our connection with them
On a physical level to cease

And focus on the spiritual
Which has no conditions or rules
This love can always flow freely
As soon as you gain the tools

Any day (ctd)

And knowledge to feel their love
In this unseen way
And then you'll be able to use this love
To brighten up any day

Magical number 3

The holy trinity
The gift of the unseen
Flowing through you and me
Sharing its power
Sharing its love
Reminding us of divinity
Connecting us with the above

Through and through

As the day draws to an end
I think of you, my faithful friend
Always with me in the unseen
Here to enjoy with me, all that has been

And as I take the time to reflect
The events of the day, every aspect
I am grateful for you being there
My unseen friend that I know will always care

And I know that being with you
Means I have the chance to be true
In all that I say and do
Now and forever, through and through

Dining on your own

Dining on your own
Does that make you groan?
Do you feel comfortable
Sitting at the table
With no-one opposite you
Is that something you can do?

Eating alone can be the chance
To witness how your energy can dance
As it receives the food
Untarnished by any mood
Of a fellow diner
Of a potential whiner

For how many complain
Again and again?
By dining alone this you can avoid
And every meal can be enjoyed

For the quality of the experience
Is enhanced when you can sense
The relationship between
You and all that's unseen
That every empty space
Contains a friendly face

If you allow your mind
To expand then you will find
You are never alone at all
Life will always be a ball

Love is blind

Love is blind
So they say
The truth is
Love is unseen
It can't be touched
But it can be felt
We can sense
Where love has been

And the more
We can appreciate
More of
What we cannot see
We can be in love
With all that is
And live our
Lives chikily

Enjoying the love
In every moment
That is available
To feel
Whether we have
A partner or not
We can enjoy
A love that's real

Love is blind (ctd)

And when that
Love is what fulfils us
Sharing love
Becomes a joy
No limitations
Or exclusions
Be it a person
Or a toy

For everything
That is created
Has its
Own love within
Lots Of Vital Energy
Ready
To flow free

You evermore

Bringing your best
To each performance
Allowing all of your
Energy the chance

To flow through
In all you do
And it will
By being still

In between
So the unseen
Can restore
You evermore

Taste it

Taste it
Touch it
Then let it go
See it, hear it
Smell then let it flow

Love it
Hate it
Or anything in between
Enjoy it
Then let it
Return to the unseen

Evolving your problem

Evolving your problem
Evolving your soul
The two are always connected
They have a dual role

Sometimes the physical
Sometimes the unseen
Will be the cause of
What appears to have been

So it does not matter
Where you want to start
As long as you maintain
An open, loving heart

Feeling your emotions
Sensing what's bothering you
Is how to clear your pathways
Evolving more of YOU

What you think and feel

What you think and
What you feel
The unseen combination
Of what is real

Whether a dream
Or whether it took place
Each thought and feeling
You have affect your space

Your auric field
Is totally unique
A magic combination
Of all the truth you seek

With its own landscape
With its own mast
With its own description
Of your past

Together with a picture
Of what's in store for you
Your version of the future
Waiting to come true

Will you allow
It to unfold
In the way it's meant to
Will you be bold?

What you think and feel (ctd)

And tread the paths
Never trodden before
The ones with their source
Within your core?

Now you're at a crossroads
In your life
Do you take the path
You know is full of strife?

You may think of course not
But does your mind agree?
It has been embedded with
Familiarity

Not always serving you
In a good way
But by conforming
Every day

Just because

Just because they're gone
Doesn't mean they're not here
Vanishing from sight
Doesn't mean you need to fear

As soon as you can feel
Your unseen energy
You will start to realise
You and they will always be

Connected with each other
In a different way
And this eternal connection
Is perfectly OK

The heights

The unseen mountain
Can be a harder climb
No-one else can guide you
An untrodden path
With the odd light
To help you to be true

Beware of guiding lights
That say they can show
How to reach your pinnacle
By the way they know

The heights of your own mountain
Have never been tracked before
You are here to become clear
Of the peak of your own Tor

And that takes your commitment
To be willing to release
Anyone else's version
Of what is war and peace

Yes there may be insights
They can share with you
But beware of substituting
What for you is true

The heights (ctd)

For that will only lead you
Away from your own goal
The peak of your unseen mountain
The view of your own soul

What are you sad about?

What are you sad about?

What are you glad about?

What is bugging you?

What is really true?

Until you flow those fears away

They will stress you every day

They are never meant to stay

After they have had their say

For until you let them flow

For until you let them go

They will hurt from head to toe

And anywhere between

Once they're out they have less clout

You have a real chance to find out

What they're truly all about

No longer being unseen

You have the opportunity

To bring about more harmony

With more of what you cannot see

Each and every time

What are you sad about? (ctd)

You pay attention to those bugs
That lurk behind the need for hugs
That lie in wait beneath those jugs
Of energy sublime

You know you could

You know you could
You know you should
Do certain things each day
So why is it
What is the 'shit'
That so often gets in the way?

Mostly hidden and unseen
That's why it's difficult to be clean
And clear of what is stopping you
From living the life that you want to

With Chikiness you can begin
A unique way to dive right in
To the core of what is true
Empowering you to always BE YOU

Options are good

Options are good
If they mean you can clear
That from your mind
Which is nothing but fear

Options are good
If they help you to know
More of your truth
More of your flow

But they aren't good
If they simply confuse
The state of your mind
For you'll start to lose

Sight of what's true
Your way ahead
Can become blurred
And you could wish you were dead

So how on earth
Do you ensure
That you don't get confused
By your options anymore?

By clearing your channels
Every day
Continually living
The chiki way

Options are good (ctd)

Which means remembering
The unseen part
Of any option
Before you start

To become tempted
With a physical allure
Connect to your truth
And you'll always be sure

The link

The link with what you can't see

All that unseen energy

The way to keep it real

Is by making sure you feel

What is going on

Inside and out

Adhering to the chiki way

Releasing fear and doubt

When you start to...

When you start to
Become aware
That your seen and unseen
Worlds need to share

Within your body
All that they know
You will enable
Good health to flow

In and out of
You each day
What to listen to
And what to say

Will have the chance
To reveal
Through the truth
Of what you feel

A growing soul is

A growing soul is
Simply an illusion
Which can often
Cause confusion

Soul in truth
Already knows
According to
How much it flows

Awareness is what
Actually expands
Connecting us to
Unseen lands

The places that are
Often beyond reach
Of the minds who
Only want to teach

What is already
Known to man
Rather than allowing
A far greater plan

Of action to
Unfold each day
Which comes to light
When Soul can have its say

The unseen therapist

The unseen therapist
Is Gary Craig's new twist
To shape and inform
To expand your world of norm

To help you to understand
That everyone's promised land
Is made up of so much more
That there's plenty to explore

That cannot be seen
So even when you're clean
Of any disturbed state
To truly appreciate

The greatness of your own being
Requires more than you seeing
That which cannot be explained
Is how Gary often gained

Results that were able to last
Whatever the subject's past
I was able to witness
That which I call Chikiness

Gary connecting with their soul
Unseen energy making them whole
Then using that connection
With unconditional affection

The unseen therapist (ctd)

To be able to release
That which prevented inner peace
Fear and doubt would flow away
Allowing truth to have its day

Nothing

Nothing can replace their particular touch
When you have loved them so very much
Nothing can truly take their place
Nothing can fill that empty space

This might seem at first to be sad
Yet in time you will feel glad
Experiencing unseen connection
You can feel divine affection

Flowing from the worlds above
In the shape of those you love
Nothing will take its rightful place
As the provider of God's grace

When we're pinched off

When we're pinched off
From our source
We find fault and
We find flaws

In those around us
Even those we love
As soon as we're aware of this
We need to look above

And re-connect
With our greater part
Our unseen source
With an open heart

Balancing our chakras
Is the thing to do
To help the greater part of us
To keep on flowing through

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